

## **General Rules and Regulations – Swimming Pool**

1. ***Timings & Slots*** – All members and guests must strictly adhere to the pool timings and slots allotted to them on all days.
2. ***Entry Procedure*** – Members will be permitted to enter the pool only after signing the register and handing over their membership card at the counter.
3. ***Exit Procedure*** – At the end of their slot, members must sign the register again and collect their membership card.
4. ***Children's Access*** – Children aged 3 to 12 years must be accompanied in the pool by one of the escorts listed in the membership application form.
5. ***Attire*** – Proper swimming costumes/trunks are mandatory. Ladies and other members with long hair must wear bathing caps while swimming.
6. ***Hygiene Before Entry*** – All members must take a shower followed by a footbath at the shower room entrance before entering the pool.
7. ***Prohibited Substances*** – Application of oil before entering the pool is strictly prohibited.
8. ***Soap Use*** – Use of soap in the swimming pool is strictly prohibited.
9. ***Authority of Lifeguards*** – Instructions issued by the lifeguard(s) on duty are final and must be complied with at all times.
10. ***Conduct in Pool*** – Playing, jumping, and quarrelling in the swimming pool are strictly prohibited.
11. ***Prohibited Activities*** – Smoking, drinking, and consumption of eatables are strictly forbidden within the swimming pool premises.
12. ***Photography*** – Photography within the swimming pool premises is not permitted without prior approval from the SPEC Chair.
13. ***Animals*** – Animals are not allowed within the swimming pool premises.

Note: Non-compliance with any of the above rules will attract a penalty of ₹300 and may also result in cancellation of membership.

**-By order from the Chairperson, SPEC, IIT Kanpur**

## **SPECIFIC RULES FOR THE BIG SWIMMING POOL**

1. Maintain respectful behaviour towards fellow swimmers at all times; confrontations are strictly prohibited.
2. Diving, in any form, is not permitted during regular slots.
3. In the deep end, lanes 1–5 are reserved for male swimmers and lanes 6–8 for female swimmers during regular slots.
4. Swimming across the breadth of the pool in the deep end is not allowed.
5. Changing lanes while swimming in the deep end is prohibited.
6. Floating on your back in the deep end is not allowed, as it may cause collisions with approaching swimmers.
7. Crossing from the deep end to the shallow end without stopping at the rope separating the two areas is not permitted.
8. In the shallow end, swimming is allowed only along the breadth of the pool.
9. Underwater swimming is prohibited during regular slots.
10. Playful or disruptive activities are not permitted in the pool.
11. Tampering with swimming pool equipment or dressing room facilities is strictly forbidden.

Note: Non-compliance with any of the above rules will result in a penalty of ₹300 and may also lead to cancellation of membership.

By Order  
*Chairperson, SPEC, IIT Kanpur*