

### Changes Through Jivan Vidya Based On Madhyastha Darshan



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I have tried to describe the journey made so far in different important phases of my life and conclusions drawn and questions raised during these phases forcing me to change the direction.

**First Phase: 1989-1992: Job in Delhi for 3 years (1989-92) as Customer Support Engineer in Nelco, Tata & crescent computers.**

#### Conclusions & questions-

1. By the age of 24, I was having a so-called good job; a happy married life and was blessed with a son. I was having all the comforts of a steady income, car, house etc. Despite everything going positive for me I had this deeply disturbing feeling that whatever potential I have is being used for the company and I am only an instrument to maximize its profits.
2. Bread & butter, comforts and sex cannot be the purpose of life so what for am I living? Why do and what for I exist? What is my real identity?
3. I felt that I am not a self-made person, and if I continue to live in and according to situations created by others, what will I answer to myself at the end of the day? The easy and comfortable life without much effort on my own gave me a feeling of guilt.

So I decided that I must start from scratch to experience the hardship and struggle and create my own existence to lead a meaningful life utilizing my potential, hard work, creativity towards self realization.

**What next ?** I decided to work for rural development as a instrument for self realization..

#### Second Phase : 1992-1995(3 years) : Rural development projects with govt. funding

Resigned from the job in 1992 worked with youth association for rural development (YARD), Distt. - Bulandshahr (UP) with funding from SDC (Swiss Development Corp.) through CAPART (a ministry of agriculture NGO).

#### Conclusions and questions-

1. Providing only money and facilities just cannot bring the real holistic development.
2. Root cause of all the problems lies inside the minds of the people for which we don't have practicable solutions.
3. Most of the organizations are one-man show with many paid workers, and without a group of committed and competent people no big goal can be achieved.
4. If someone works full time for rural development his bread & butter usually is taken care of by some agency, but who so ever takes care of it dictates ones own agenda and priority which change with time and person. Ultimately it becomes nothing else but a routine job.

So, I felt that I was doing simply a routine salaried job.

So what can be a practicable mode? How to sustain with our own convictions and achieve self realization?

## *Value Education Through Jeevan Vidya : Need, Efforts & Achievements*

**What next ?** - I should stay in a village for at least 10 years to understand the root cause of the problems and find out their practicable solutions. Now, I strongly felt that if one is worthy for the society then society will fund for ones sustenance and for its own development. So “no” to govt. money.

### **Third Phase : 1995-1997 (three years) : Rural development activities in Bastar (C.G.)**

- with support and inspiration of Gayatri Pariwar I left Delhi in '95 and shifted to a village Bastar 100 km from Raipur, now the capital of C.G

- due to some good coincidence and Gayatri Pariwar very soon we were a group of committed youth with expertise in various areas and with sufficient social funding.

We worked extensively for 3 years for SHG (Self Help Groups), Water Shed Management, Income Generating Activities etc.

### **Conclusions & Questions-**

1. We used to think of enlightening the people but in fact we were only creating facilities and doing income generation activities for the people.
2. But the basic question was how to ignite minds so that efforts can be sustained on their own by the people?
3. Now we were left with no excuse or reason as sufficient no-strings-attached money, motivated team etc was available but even with having all the material resources it was difficult to transform people even our own family member. Wife was not convinced that any thing will happen and why we were doing all that?
4. Many of the families whose income increased started drinking English wine instead of locally made wine etc etc.

So three times in my life I came in front of a dark wall with no way left. First in 1992 while doing job, second in 1994 while involved in rural development project, and again third time in 1997 working with tribals of Bastar (C.G) with social support.

**Final conclusion** before Jeevan Vidya

**Good thoughts are only good to speak about and inspire others. Off course motivation is needed to start the journey towards achieving the goal but you need something more to make the wheel of sustainable development move. So mere money, motivation, team, materialistic expertise and skills of physical level are needed but not sufficient to realize a healthy society.**

**What next ?** Shri A. Nagrajji used to come to us but unfortunately we did not listen to him carefully, also I was not able to relate the philosophy to the problems of a poor man. But now I was not left with any option but to listen

### **Fourth and Present Phase : 1997 onwards : MY JOURNEY WITH JIVAN VIDYA (J.V) STARTED**

I did my first shivir conducted by Dr. Yash Pal Satya from IIT Delhi. I found He is talking in terms of what 'is there in the existence' in totality not in terms of what 'should be' root cause of all the problems on the earth is lack of understanding in the human being regarding him self and others.

So trying to address the problem in pieces as child development, women development, women empowerment, rural development, urban development & poverty elimination are incomplete without ignited or enlightened minds. The only doable work is human development through '**HUMANE EDUCATION**'. In the span of one and a half year I did three more shivirs one by Dr. Satya and two by Shree Ganesh Bagaria, I continued with some self-study and discussions with Shri A. Nagraj.

## Value Education Through Jeevan Vidya : Need, Efforts & Achievements

### Conclusions-

1. Before doing the Jivan Vidya (J. V.) Shivir I used to think that I am a good person as I resigned from the job for social cause, invested all my body, mind, and money for it. I am with no bad habit. In the light of right understanding it became very clear to me that just not doing bad things and trying to do good things without right understanding doesn't mean a good person. Yes I was not bad person. Most of the people live with this confusion that they are good. Good person means competence to live in harmony with other human and nature and capability to multiply it in others in turn creating a healthy society.
2. I had many good things in me even before I came in touch with "J.V." But I was not having right understanding to evaluate it. It used to shake my confidence. J.V. gave universal understanding about human being which in turn boosted my confidence and gave me my real identity.
3. **The goal of every human being is same i.e. state of perennial happiness, so whatever one does it is in the search of happiness. Human being is a co-existence of body and self. The need of the body are physical, hence limited and are fulfilled through production; and the need of the self i.e. trust, respect, love, identity etc are unlimited which are fulfilled by understanding the things as they are and living accordingly in harmony.**  
So once the needs are rightly recognized they can be easily fulfilled and every human being can understand this fact and accordingly live happily.
4. Before coming in touch with "J.V.". We used to feel that we are working very hard and results are less. Now after "J.V" I am always with a feel that efforts are less the results are more.
5. Before "J.V" I used to think that women (my wife) will never think beyond family and I am deeply committed for society so there will remain always a point of difference, creating disharmony in family.
6. Finally without "J.V" either I would have become naxalite or may have committed suicide. Today my wife, son, family and friends are a small family on this earth who are in the process of understanding and are deeply satisfied and growing day by day. Today I am confident enough to produce ignited minds which in turn will produce more ignited minds, may be better than me, and through "humane education system" there will be a perpetual source of good people which will make this earth heaven.

**"We in Raipur (C.G.) are a group of families working happily towards establishing "human education"**

**"EDUCATION IS NOT FOR JOB, IT IS TO LIVE HAPPILY"**

