



Core Purpose: Have every child experience the inspiration and mysticism embodied in Indian and World Heritage.

**8th International Convention @ IIT-Kanpur,
1-7 June 2020**

SCHEDULE

DAY & TIME	EVENT
Mon, 1 June 2020	
10:30 am - 12:30pm	Orientation
12:30 pm - 12:45 pm	Movement Time
12:45 pm - 1:45 pm	Holistic Lunch
1:45 pm - 2:00 pm	Movement Time
2:00 pm - 4:45 pm	Screening of Film Gandhi and Interactive session with Rohini Hattangadi
4:45 pm - 5:00 pm	Movement Time
5:00 pm - 5:45 pm	Holistic Dinner
5:45 pm - 6:00 pm	Movement Time
6:00 pm - 7:00 pm	Evening Inaugural Ceremony
7:00 pm - 9:30 pm	Pt Hariprasad Chaurasia (Flute)
	Vidwan Yesudas* (Carnatic)
9:30 pm - 9:45 pm	Movement Time
9:45 pm - 10:00 pm	Late Evening Nutrition
10:00 pm	Lights off
Tue, 2 June 2020	
3:30 am	Wake-Up call
3:45 am – 4:00 am	Movement Time
4:00 am – 6:00 am	Naad Yoga / Koodiyattam / Mindfulness Meditation
6:00 am – 7:00 am	Hatha Yoga
7:00 am – 7:15 am	Shramdaan
7:15 am – 8:45 am	Personal Time & Holistic Breakfast
8:45 am – 9:00 am	Movement Time
9:00 am – 12 noon	Intensives
12 noon – 12:15 pm	Movement Time
12:15 pm – 1:00 pm	Holistic Lunch
1:00 pm – 1:15 pm	Movement Time
2.00 pm – 3.15 pm	Smt Parvathy Baul (Baul)
3:30 pm – 4:45 pm	Prahlad Singh Tipania* (Kabir gayan)
4:45 pm – 5:00 pm	Movement Time

5:00 pm – 5:45 pm	Holistic Dinner
5:45 pm – 6:00 pm	Movement Time
6:00 pm – 9:30 pm	Begum Parveen Sultana (Hindustani Vocal)
	Ustad Bahauddin Dagar (Rudra Veena)
9:30 pm – 9:45 pm	Movement Time
9:45 pm – 10:00 pm	Late Evening Nutrition
10:00 pm	Lights Off
Wed, 3 June 2020	
3:30 am	Wake-Up call
3:45 am – 4:00 am	Movement Time
4:00 am – 6:00 am	Naad Yoga / Koodiyattam / Mindfulness Meditation
6:00 am – 7:00 am	Hatha Yoga
7:00 am – 7:15am	Shramdaan
7:15 am – 8:45 am	Personal Time & Holistic Breakfast
8:45 am – 9:00 am	Movement Time
9:00 am – 12 noon	Intensives
12 noon – 12:15 pm	Movement Time
12:15 pm – 1:00 pm	Holistic Lunch
1:00 pm – 1:15 pm	Movement Time
2:00 pm – 3:15 pm	Murtaza Danish Hussain (Dastangoi)
3.30 pm – 4:45 pm	Kashmiri Folk*
4:45 pm – 5:00 pm	Movement Time
5:00 pm – 5:45 pm	Holistic Dinner
5:45 pm – 6:00 pm	Movement Time
6:00 pm – 9:30 pm	Pt Rajan Sajan Misra (Hindustani Vocal)
	Vid Sanjay Subrahmanyam* (Carnatic vocal)
9:30 pm – 9:45 pm	Movement Time
9:45 pm – 10:00 pm	Late Evening Nutrition
10:00 pm	Lights Off
Thu, 4 June 2020	
3:30 am	Wake-Up call
3:45 am – 4:00 am	Movement Time
4:00 am – 6:00 am	Naad Yoga / Koodiyattam / Mindfulness Meditation
6:00 am – 7:00 am	Hatha Yoga
7:00 am – 7:15am	Shramdaan
7:15 am – 8:45 am	Personal Time & Holistic Breakfast
8:45 am – 9:00 am	Movement Time
9:00 am – 12 noon	Intensives
12 noon – 12:15 pm	Movement Time
12:15 pm – 1:00 pm	Holistic Lunch
1:00 pm – 1:15 pm	Movement Time
2:00 pm – 3:15 pm	Shri M.T, Vasudevan*
3.30 pm – 4:45 pm	Vidwan Vikku Vinayakram (Ghatam)
4:45 pm – 5:00 pm	Movement Time

5:00 pm – 5:45 pm	Holistic Dinner
5:45 pm – 6:00 pm	Movement Time
6:00 pm – 9:30 pm	Vidushi Malavika Sarukkai* (Bharatanatyam)
	Vidwan T.M Krishna* (Carnatic Vocal)
9:30 pm – 9:45 pm	Movement Time
9:45 pm – 10:00 pm	Late Evening Nutrition
10:00 pm	Lights Off
Fri, 5 June 2020	
3:30 am	Wake-Up call
3:45 am – 4:00 am	Movement Time
4:00 am – 6:00 am	Naad Yoga / Koodiyattam / Mindfulness Meditation
6:00 am – 7:00 am	Hatha Yoga
7:00 am – 7:15am	Shramdaan
7:15 am – 8:45 am	Personal Time & Holistic Breakfast
8:45 am – 9:00 am	Movement Time
9:00 am – 12 noon	Intensives
12 noon – 12:15 pm	Movement Time
12:15 pm – 1:00 pm	Holistic Lunch
1:00 pm – 1:45 pm	Movement Time
1:45 pm – 2:45 pm	Ao Naga Choir
2:45 pm – 3:45 pm	Bhai Alankar Singh (Gurbani)
3:45 pm – 4:45 pm	Warsi Brothers (Qawwali)
4:45 pm – 5:00 pm	Movement Time
5:00 pm – 5:45 pm	Holistic Dinner
5:45 pm – 6:00 pm	Movement Time
6:00 pm – 9:30 pm	Us Rashid Khan (Hindustani Vocal)
	Us Shahid Parvez (Sitar)
9:30 pm – 9:45 pm	Movement Time
9:45 pm – 10:00 pm	Late Evening Nutrition
10:00 pm	Lights Off
Sat, 6 June 2020	
3:30 am	Wake-Up call
3:45 am – 4:00 am	Movement Time
4:00 am – 6:00 am	Naad Yoga / Koodiyattam / Mindfulness Meditation
6:00 am – 7:00 am	Hatha Yoga
7:00 am – 7:15am	Shramdaan
7:15 am – 8:45 am	Personal Time & Holistic Breakfast
8:45 am – 9:00 am	Movement Time
9:00 am – 12 noon	Intensives
12 noon – 12:15 pm	Movement Time
12:15 pm – 2:15 pm	Intensive Presentations
2:15 pm – 2:30 pm	Movement Time
2:30 pm – 3:15 pm	Holistic Lunch

3:15 pm – 3:30 pm	Movement Time
3:30 pm – 6:45 pm	Yog Nidra with Swamy Tyagaraj / Acknowledgement
6:45 pm – 7:00 pm	Movement Time
7:00 pm – 7:45 pm	Holistic Dinner
7:45 pm – 8:00 pm	Movement Time
8:00 pm – 6:00 am	Pt Ulhas Kashalkar (Hindustani Vocal)
	Pt Venkatesh Kumar (Hindustani Vocal)
	Pt. Ajoy Chakraborty*
	Kapila Venu (Koodiyattam)
	Us Wasifuddin Dagar (Dhrupad)
Sun, 7 June 2020	
8:00 am – 9:00 am	Holistic Breakfast
9:30 am	Departures for Heritage Walks

*Confirmation awaited