

INDIAN INSTITUTE OF TECHNOLOGY KANPUR
PHYSICAL EDUCATION SECTION

Information about PE – Courses for First Year Students
ACADEMIC YEAR 2023-2024

Date: 05th August 2023

Compulsory Physical Education Courses are senate approved courses for B. Tech. / BS students. These courses are offered in the first two semesters of the academic program under the course numbers **PE-111A & PE-112A**. Both the courses have two components, namely:

Sl. No.	PE Classes	Schedule	Duration
01.	Physical Exercises	Morning (6:30am-7:30am)	One hour per week
02.	Personality Development Activities (Games & Sports, Yoga, NSS, Taekwondo-Do, Aerobics, Cultural activities, Wall climbing and NCC).	Details would be shared by the faculty – in charge /Commanding Officer	One hour session twice in a week with a total of 18-22 hours during the semester.

The Chairman, Sports & Physical Education Committee (SPEC) is the instructor in-charge of these courses. The courses are graded as S (satisfactory)/ X (Unsatisfactory). The grade will be given after the end semester examination. A minimum of **75% attendance** and **satisfactory performance** in each of the two components will be necessary for obtaining “**S**” grade.

All students undergo at least **Three hours of activities per week** (One hr. in morning & two hrs. in the evening given above. The students must opt for one of the following 19 Personality Development Activities categorized into two streams:

A. GAMES & SPORTS

1. Athletics (Boys & Girls)	2. Badminton (Boys & Girls)	3. Basketball (Boys & Girls)	4. Cricket (Boys & Girls)	5. Football (Boys & Girls)	6. Hockey (Boys & Girls)
7. Squash (Boys & Girls)	8. Swimming (Boys & Girls)	9. Table Tennis (Boys & Girls)	10. Tennis (Boys & Girls)	11. Volleyball (Boys & Girls)	12. Weightlifting (Boys & Girls)

B. OTHER PERSONALITY DEVELOPMENT ACTIVITIES

1. AEROBICS (Boys & Girls)	2. NCC (Boys only)	3. NSS (Boys & Girls)	4. Wall Climbing (Boys & Girls)
5. TAE-KWON-DO (Boys & Girls)	6. YOGA (Boys & Girls)	7. Cultural Activities (Boys & Girls) A-Dance , B- Dramatics C-Fine arts , D-Music	

INDIAN INSTITUTE OF TECHNOLOGY KANPUR

Information about Coaches and in charges of various games/streams,

01	Prof. Indra Sekhar Sen	Chairman, SPEC		-----	-----
02	Mr. Vivek Rao Vadi	APEO GR-1	Swimming	9651969591	2007,4662
03	Dr. Ram Narain	APEO GR-1	Athletics	9621672007	4709
04	Mr. Rattan Lal Dhiman	Sr. PTI (SG)	Hockey	7607435442	4547
05	Mr. Amit Doharey	PTI GR-1	Volleyball	9794424881	4538
06	Mr. Sunil Kumar	PTI GR-1	Football	8787092036	4540
07	Mr. Kuldeep Sharma	PTI	Weightlifting	7607005501	4299, 4713
08	Mrs. Anjani Dubey	PTI	Athletics	9648016016	4507
09	Mr. Pankaj Pandey	PTI	Cricket	9795569340	
10	Mr. Deepak Dhanowa	PTI	Athletics	9169932550	4511
11	Mr. Alok Kumar Yadav	PTI	Badminton	7987726578	
12	Mr. Pradeep Kumar Mishra	PTI	Basketball	8800131448	4705
13	Mr. Shashank Yadav	Instructor	Squash	8400846560	4541
14	Mr. Anmol Chandra	Instructor	Table Tennis	7992138790	4541
15	Ms. Deepali Wadhvani	Instructor	Aerobics	9839183151	4543
16	Dr. Sohan Lal Yadav	Instructor	Yoga	9455841642	4541
17	Mr. Balram Yadav	Instructor	Tae – Kwon – Do	9336819254	4714
18	Mr. Pushpender Singh	Instructor	Wall Climbing	9015720126	4541
19	Dr. Niraj Mohan Chawake	Coordinator	NSS	-----	2181
20	Col. Shashank Srivastava	Commanding Officer	NCC	-----	
21	Dr. Ritwiji Bhowmik	Coordinator	Cultural Activities	-----	
Physical Education Section Office Staff					
22	Mr. Pradeep Yadav	Junior Assistant, PES	PE Section	9455192333	4705
23	Mr. Manoj Pal	Junior Assistant	Swimming Pool (office)	8114453530	4662
24	Mr. Hemant Tiwari	Dy. Proj. Manager	PE section	9838189697	4705

The institute has excellent Games & Sports facilities to run these courses. Besides the responsibility of running the PE courses, Physical Education Section is responsible to supervise and provide Games & Sports facilities to all registered students of the institute and also to organize various games and sports tournaments and meets. The outstanding players (students) will have an opportunity to represent the institute team in various sports meets/festivals, such as, Inter IIT Sports Meet and District level tournaments. **Meritorious players are awarded prizes and medals at the annual function of the Student Gymkhana. The achievements of the meritorious players are also considered for some institute awards. Sports scholarships are also given to the best sports persons.**

**INFORMATION ABOUT COACHES, COORDINATORS, AVAILABLE SEATS, VENUES & TIMMINGS OF TRIALS
DURING 7th, 8th, 10th & 11th August 2023**

Sl. No.	Games & Sports	Boys	Girls	Reporting Time	Instructor/Coaches	Trial Location
01	Athletics	50	30	7th August 2023 (Monday) 7-9 am & 6-8 pm	Mr. Ram Narain, Mrs. Anjani Dubey & Mr. Deepak Dhanowa	Main stadium
02	Badminton	20	13		Mr. Alok Kumar Yadav	New Sports Complex
03	Basketball	24	18		Mr. Pradeep Kumar Mishra	Main Stadium
04	Cricket	34	08		Mr. Pankaj Pandey	Main stadium
05	Football	35	14	8th August 2023 (Tuesday) 7-9 am	Mr. Sunil Kumar	Football Field
06	Hockey	25	05		Mr. Rattan Lal Dhiman	Hockey Field
07	Squash	18	10		Mr. Shashank Yadav	New Sports Complex
08	Swimming & Water Polo	20	15		Mr. Vivek Rao Vadi	Swimming Pool
09	Tennis	14	06	10th & 11th August 2023 (Thursday & Friday)- 6:30-08:30pm	Prof. Indra Sekhar Sen (for)	Tennis Courts
10	Volleyball	20	10		Mr. Amit Doharey	Volleyball Courts (Old Sports Complex)
11	Weight Lifting	20	02		Mr. Kuldeep Sharma	Weight Lifting Hall (Old Sports Complex)
12	Table-Tennis	14	08	10th & 11th August 2023 (Thursday & Friday)- 6:30-08:30pm	Mr. Anmol Chandra	New Sports Complex
Personality Development Activities						
13	NSS	87	21	No trial required		
14	NCC	320		No trial required	Col. Shashank, Commanding Officer	NCC Office, Contact No. 0512-679-7219
15	Yoga	88	30	7th August 2023 (Monday) 7-9 am & 6-8 pm	Dr. Sohan Lal Yadav	New Sports Complex
16	Tae-kwon-Do	82	19		Mr. Balram Yadav	Main Stadium
17	Aerobics	35	17		Ms. Deepali Wadhvani	New Sports Complex
19	Wall climbing	28	07		Mr. Pushpender Singh	New Sports Complex
	Cultural Activities	62	36	8th August 2023 (Tuesday) 7-9 am	Dr. Ritwij Bhowmik	
	Dance	11	09		Mr. Ravi	Near OAT stage
	Dramatics	19	09		Mr. Swayam Kumar	Near OAT stage
	Music	16	09	10th & 11th August 2023 (Thursday & Friday)- 6:30-08:30pm	Ms. Shweta Bharati	Near OAT stage
	Fine Arts	16	09		Ms. Sunipa Bhowmik	Near OAT stage

Important Note: -

- (a) In Games and Sports, option Cricket and Badminton can be opted only as a first option.
(b) Trials schedule for Badminton and Cricket are as follows.

7 th August,2023 (Monday)7am-9 am	7 th August,2023 (Monday)6pm-8pm	8 th August,2023 (Tuesday)7am-9 am	10 th August,2023 (Thursday)6:30- 8:30pm	11 th August,2023 (Friday)6:30pm- 8:30pm
230001-230400	230401-230800	230801 onwards	discretion of the coaches	discretion of the coaches

- (c) Roll no 230401 onwards who will opt Badminton and Cricket as their first choice, can give their second and third option trials before the first option.
(d) No change over will be allowed from one stream to the other stream or from one activity to another during 1st semester.
(e) Allotment of activities will be done within 3 days from the last date of the CPA trials.

These activities are for all the first-year students of B. Tech/ BS students. Since these students are found to be medically fit at the time of registration, they are deemed fit to take part in these courses and as such these requirements cannot be condoned on medical ground.

PE -112 Second Semester

The course PE – 112 will run during the second semester from **January 2024–April 2024**.The structure & requirement of PE-112 is similar to that of PE-111.

Physical Exercise and the other Personality Development Activity classes will be suspended during the periods given below: -

1. On all the Gazetted holidays mentioned in the Institute calendar, 2023-24
2. Mid Semester Examination.
3. Mid Semester Recess.
4. End Semester Examination.
5. Last class of PE – 111A for current semester will be on November 14.

All students should come in proper kit prescribed by the Dean of Student Affairs.

1. **Kit -Shorts, T-shirt and Sports shoes are compulsory.**
2. **Mobiles phones are not allowed in the class.**
3. **In case of any query you can contact us on**
(Faculty In-charge specchair@iitk.ac.in , Or anjanid@iitk.ac.in (PE coordinator).

The details of the activities will be available on the PE Course web site also <http://www.iitk.ac.in/pes/pe-courses>

WITH BEST WISHES FOR A MEMORABLE AND FRUITFUL STAY AT IIT KANPUR

(Prof Indra Sekhar Sen)
Faculty In-charge, PE Section
Chairman, SPEC