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Areas of interest: Health Psychology, Gender and Health, Social Representations, Illness Narratives, Qualitative Research, Social Cognition, Cognitive Psychology, Organizational Cognition

I am interested in research in above areas. In the area of health I am interested in studying the psychological outcomes of chronic as well as life threatening illnesses and social representations of aspects related to health and illness. I am using both quantitative and qualitative methods in my research. I have worked on perceived illness severity, influence of gender and socio-economic status on health, illness related cognitions, health related quality of life, lay understanding of mental illness, experiences of care giving to mentally ill persons, illness beliefs and illness narratives among other topics.

I have explored mental models and cognitive style in job performance in the Armed Forces set up. I am interested in studying mental models in other domains including mental model development in the teaching and learning contexts. I am also engaged in research in social cognitive perspective of emotion regulation and well-being; cognitive adaptation, stigma, gender and mental health in the context of illness; health outcomes and alternative treatment. In the area of organizational cognition I am interested in leadership cognition and cognitive aspects of authentic leadership.