### Hall-IV Mess Menu

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<th>Breakfast</th>
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| Daily     | 1. Sprout or Mix Sprout (Chana + Green Moong), Tea or Milk + Coffee/Bournvita/Horlicks (Corn-flakes)  
   2. Any one from the followings  
   (a) Bread with two Butter, (b). Seasonal Fruit (Four Bananas)  
   (c). Bread Omelette (Two Eggs)  
   Note: Hot Served Food mentioned below (1 Milk = Dalia = 2 Boiled Eggs = 4 Bananas = 2 Butter = 2 Jam)  
   Extra: Egg Preparation, Fried Rice, Aloo Fry, Tomato Chutney, Boiled Egg, etc. | Chapati (Plain and Butter), Sambar, Pickle, Sela Rice, Salad (Onion, Mixed, Green Chili, Lemon)  
   Extra: Egg Preparation, Fried Rice, Aloo Fry, Tomato Chutney, Boiled Egg, etc. | Chapati (Plain and Butter), Rasam, Pickle, Sela Rice, Salad (Onion, Mixed, Green Chili, Lemon)  
   Extra: Egg Preparation, Fried Rice, Aloo Fry, Tomato Chutney, Boiled Egg, etc. |
| Monday    | Kachori (Atta and Maida) with Aloo Sabji (Semi-Greavy)/Puri-Ghogni (Alt.), | Aloo-Parwal Semi Gravy, Malka Masoor Dal, Butter/Curd/Dahi-Baigan/Seasonal Fruit  
   Extra: Chicken Malwani | Kaddu- Chana, Arhar Dal, Extra: Chicken Tikka Masala, Imarithi- Rabadi/ Rabadi (Alt.) |
| Tuesday   | Uttapam, Sambar, Coconut Chutney                                           | Lauki-Chana, Tahri, Urad Chhilka Dal, Tomato Chutney, Butter/Curd/Lassi/Seasonal Fruit/Pinapple | Kadai Paneer/Egg Curry (Opt.), Moong Dal, Kulcha, Veg-Biryani  
   Extra: Chamcham |
| Wednesday | Aloo Paratha, Green Chutney, Curd/Butter, Mango Pickle                    | Aloo-Karela, Rajma, Lemon/Tamarind Rice (Alt.), Butter/Curd/Lassi/Seasonal Fruit/Pinapple  
   Extra: Chicken Curry | Bhindi, Mix Dal Talda, Kheer/Semia (Alt.)  
   Extra: Mutton Kassa/Chicken Kalimirch (Alt.) |
| Thursday  | Vada, Idli, Sambar and Coconut Chutney                                      | Aloo-Baigan/Aloo-Dum(Opt.),Chana Dal, Butter/Curd/Curd-Rice/Seasonal Fruit  
   Extra: Mutton Curry | Paneer-Do-Pyaza/Chicken Curry (Opt.), Moong Dal, Potato Fries, Naan & Missi Roti, Veg Pulao, Gulab Jamun |
| Friday    | Pav Bhaji/Upma(Alt.)                                                      | Aloo Paratha & Dal Paratha, Moong(W) Dal, Malai Kofta / Egg Curry (Opt.),Green Chutney,Rasgulla/Ice- Cream(Alt.)  
   Extra: Special Fish | Dal Makhani, Kadi,Aloo-Lobiya  
   Extra: Dum Biryani, Peda |
| Saturday  | Masala Dosa, Sambar, Coconut Chutney/ [Sandwich]                          | Khichdi, Kundru-Aloo, Arhar Dal, Roasted Papad, Butter/Curd/Chac/Seasonal Fruit  
   Extra: Chicken Masala/ Chilli chicken | Atta-Maida Poori-Aloo-Matar, Chana Dal with Coconut  
   Extra: Chicken Kassa, Fruit Custard |
   Extra: Special Fish | Dal Makhani, Kadi,Aloo-Lobiya  
   Extra: Dum Biryani, Peda |

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"Please don’t waste food. Money goes from our pocket"

CHAIRMAN  
Mess Committee  
Hall-4, I.I.T. Kanpur