

HALL XI:- MESS MENU (01-04-2024)			
Days	Breakfast	Lunch	Dinner
Daily	[A] (Milk, Banana Shake/Horlicks / Bournvita / Cold Milk / Coffee / Tea / Cornflacks / Chococs / Banana (4 Pcs.) / Egg (2 Pcs.) / (Banana (2 Pcs.) + Egg (1 Pc.)	Roti (Plain & Butter), Plain Rice, Sambar, Pickles, Curd / Chhanch / Fruits	Roti (Plain & Butter), Plain Rice, Rasam, Pickles,
	[B] Regular Breakfast as per the menu / (Bread, +Butter, Jam)		
	[C] Options for Butter and Jam: (1 Slice Butter, 1 Spoon Jam) / 2 Slice Butter / 2 Spoon Jam / 2 Spoon Peanut Butter	Extra - Corn Salad	
Monday	Sandwich / Pasta	Mix Veg + Arhar Dal Tadka Extra :- Rohn Curry, Boiled Chicken, Kaju Kati, Matar Mashroom	Alternate Weeks :- Chole + Bhature / Chole Kulche + Red Masoor Dal + Sewai, Kachumar Salad Extra :- Chicken Butter Masala, Milk Cake, Tawa Paneer, Veg Dum Biryani
Tuesday	Idli Vada / Utthapam + Sambar + Nariyal Chutney	Fry Kathal / Aloo Kala Chana + Mix Dal + Enli Rice Extra:- Fish Finger, Sukto, Barfi	Mix Grill + Chana Dal Extra :- Chicken Kosha, Moong Halwa, Paneer Kosha
Wednesday	(Dal Puri + Aloo Matar Sabji) + Halwa)	Aloo Soyabeen + Kali Masoor Dal Extra:- Katha Curry / Dahi Katha), Boiled Chicken, Gujya, Dry Mashroom Masala	Option: [(Methi Paneer / Paneer Do Pyaza + Plain Paratha or Chicken Rogan Josh (02 Pcs.) + Arhar Dal + Jeera Rice + Kachumar Salad + (Papad / Fryms) + (Fruit Raita)
Thursday	Pav Bhaji / Vada Pav	Aloo Jeera Dry + Kadhi with Onion Pakodi Extra:- Chicken Tikka Masala, Malai Boondi, Aloo Posto	Dal Lauki + Dum Aloo Extra :- Mutton Kosha / Mutton Biryani, Shahi Toast, Paneer Tikka
Friday	Plain Paratha + Aloo Bhujya	Aloo Green Matar Gravy + Arhar Dal Extra :- Egg Biryani, Paneer Tikka Masala, Peda	Aloo Palak + Rajma Masala + Kachumar Salad Extra :- Roasted Chicken Kali Mirch, Paneer Do Pyaza, Gulab Jamun, Aloo Tikki Chat
Saturday	Masala and Onion Dosa, Sambar, Coconut Chutney	Vegetable Khichdi + Pindi Chhole + Urad Dal + Roasted Papad Extra :- Egg Curry, Boiled Chicken, Boondi Laddu, Paneer Kali Mirch	Alternate Weeks: Kadhai Paneer / Kali Mircha Paneer or Aloo Chicken Gravy + Red Masoor Dal + Naan + Tandoori Roti + Finger Chips + Gulab Jamun
Sunday	Tari Poha, Dahi - Jalebi Extra:- Aloo Bhujya Namkeen	Paneer and Aloo Parantha + Green Chutney + Aloo White Matar + Arhar Dal Extra:- Spicy Chicken, Rabdi, Dahi Ki Sabji	Aloo Cabbage Matar + Chana Dal + Soyabeen Biryani Extra :- Chicken Biryani, Malai Chap, Imarti Rabdi
*/ Stands For Alternation Between Odd And Even Weeks			
** DO NOT WASTE FOOD. This Is Not Only The Justification To The Food For Which Millions Are Starved Every Day; It Also Reduces Your BDMR.			
Mess Secy.			Mess Warden
Hall XI			Hall XI